

Disability and Mental Health Justice

Youth Celebrate Diversity: Workshops, videos, activities books on Disability Justice, as well as many other Social Justice areas.

<https://ycdiversity.org/resources/disability-justice-and-youth/>

Blessed Youth Survival Guide: Book for youth re suicide prevention with affirmations and mental health tips. By Rev. Dr. Sarah Lund, UCC Minister for Mental Health and Disabilities.

Chalice press, 2022

Center for Children and Youth: activities to do that promote mental health in children and youth. <https://ccy.jfcs.org/mental-health-activities-for-teens/>

Crisis Text Line: Activities by age level to promote mental health.

<https://www.crisistextline.org/classroom-empathy/>

A Day in Our Shoes: activities to teach children and youth about disability awareness. <https://adayinourshoes.com/resources-to-teach-kids-about-disabilities-awareness-and-inclusion/>